

Bonine Ginger Softgels Drug Facts

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| Drug Facts | |
| Active ingredient (in each tablet) | Purpose |
| Ginger® Ginger Extract 60mg | Antiemetic |
| Uses prevents and treats nausea, vomiting or dizziness associated with motion sickness | |
| Warnings | |
| Do not use in children under 6 years of age unless directed by a doctor | |
| Do not take this product, unless directed by a doctor, if you have •glaucoma •trouble urinating due to an enlarged prostate gland •a breathing problem such as emphysema or chronic bronchitis | |
| Do not take this product if you are taking sedatives or tranquilizers, without first consulting your doctor. | |
| When using this product •do not exceed recommended dosage •you may get drowsy •alcohol, sedatives, and tranquilizers may increase drowsiness •avoid alcoholic drinks •be careful when driving a motor vehicle or operating machinery | |
| If pregnant or breast feeding , ask a health professional before use. Keep out of reach of children. In case of overdose, get medical help or contact a poison control Center right away 1 (800) 222-1222 | |
| Directions •dosage should be taken 1 hour before travel starts •adults and children 12 years of age and over: take 1 softgel ½ hour before activity, do not take more than 2 softgels in 24 hours, do not chew. | |
| Other information store at room temperature 20°-25°C (68°-77°F) | |
| Inactive ingredients Medium Chain Triglycerides, Bovine, Gelatin, Glycerin, Yellow Beeswax, Purified Water, Annatto Color. NO: Fish, Soy, Peanuts, Tree Nuts, Shellfish, Eggs, Milk, Wheat. | |
| Questions? Toll-free (844) 241-5454 or www.bonine.com -Money Back Guarantee | |

Bonine Drug Facts

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| Drug Facts | |
| Active ingredient (in each tablet) | Purpose |
| Meclizine HCL 23 mg | Antiemetic |
| Uses prevents and treats nausea, vomiting or dizziness associated with motion sickness | |
| Warnings | |
| Do not use in children under 12 years of age unless directed by a doctor | |
| Do not take this product, unless directed by a doctor, if you have •glaucoma •trouble urinating due to an enlarged prostate gland •a breathing problem such as emphysema or chronic bronchitis | |
| Do not take this product if you are taking sedatives or tranquilizers, without first consulting your doctor. | |
| When using this product •do not exceed recommended dosage •you may get drowsy •alcohol, sedatives, and tranquilizers may increase drowsiness •avoid alcoholic drinks •be careful when driving a motor vehicle or operating machinery | |
| If pregnant or breast feeding , ask a health professional before use. Keep out of reach of children. In case of overdose, get medical help or contact a poison control Center right away 1 (800) 222-1222 | |
| Directions •dosage should be taken 1 hour before travel starts •adults and children 12 years of age and over: take 1 to 2 tablets once daily or as directed by a doctor | |
| Other information store at room temperature 20°-25°C (68°-77°F) | |
| Inactive ingredients croscarmellose sodium, crospovidone, FD&C red #40 lake, lactose, magnesium stearate, raspberry flavor, silica, sodium saccharin, stearic acid, vanilla flavor | |
| Questions? Toll-free (844) 241-5454 or www.bonine.com -Money Back Guarantee | |